What IS in Your Emergency Grab n’ Go Kit

- Red Adult Size Backpack
- A Berkeley Path Wanderers map
- A can of 50-year water
- 2 energy bars (food)
- Info packets on disaster prep
- A radio/flashlight/charger (see separate instruction sheet)

- Large Solar Blanket
- Emergency Poncho
- 12-Hour Green Lightstick
- Whistle
- Adhesive tape
- Bloodstopper trauma dressing
- Work gloves (large)
- Disposable Dust Mask
- Pen (black)
- Nitrile Gloves (large)
- Quart and Gallon Size Ziplock bags
- 1.5 Inch Safety Pin
- 8-piece First Aid Kit including:
  - 2x2 Gauze Pads
  - Antiseptic Towelettes
  - Adhesive Bandage
What is NOT in your Emergency Kit

✔ Check off items that you add!

- Important Documents
  - ID
  - Contact info (see emergency plan)
  - Pictures of pets and other loved ones
  - Insurance and financial info (credit card info, e.g.)
  - Writing pad
  - _______________________________________
  - _______________________________________
- Spare keys (car, house, etc.)
- Cash, wallet, checkbook
- Cell phone and phone battery/charger
- Three AAA Batteries and extra for flashlight
- Medications and list of prescriptions
- Eyeglasses
- Safety goggles
- Multi-tool (e.g., Swiss army knife)
- Connectors (e.g., clips, carabiners, duct tape, etc.)
- Pet (or service animal) items
  - Leash
  - Meds
  - Kibble
  - Water
  - _______________________________________
- Toilet paper and other bathroom supplies
- Ice / Heat pack
- Additional water, zip-lock bags, flashlight and batteries, first aid supplies
- Laptop or iPad
- Food YOU like! ________________________________
  - _______________________________________

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1 In addition to the flashlight/radio solar/crank charger that is included in your kit

Berkeley Disaster Preparedness Neighborhood Network (www.bdpnnetwork.org)