

September
2020

30 steps you can take to prepare in Berkeley!

National
Preparedness
Month

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1 Save early for disaster costs! Put aside \$50 cash for in your emergency supplies. Put in a waterproof document holder.

2 Do your own research on emergency preparedness! Learn about resources in Berkeley by going to www.cityofberkeley.info/READY

3 Sign up for AC Alert and receive emergency notifications for Berkeley. It takes 10 minutes at www.acalert.org.

4 Take a selfie of you raising awareness of National Preparedness Month! Post on Twitter and use the hashtag [#BerkeleyReady](https://twitter.com/BerkeleyReady) to win a prize!

5 Let's go shopping! Buy a hand-crank or battery-powered radio to keep in your disaster kit.

6 When you have your radio, **keep note of the 1610 AM radio station.** This will be used for emergency announcements in Berkeley.

7 Check your insurance coverage! Take time and review the Document and Insure Property guide from www.ready.gov.

8 Let's write an emergency plan! Begin with including important work numbers and emergency contact information.

9 Safeguard and store critical documents such as insurance policies, tax statements, IDs, etc. in an external drive, on the cloud, or a waterproof document holder.

10 Program Berkeley's non-emergency number into your phone: [\(510\) 981-5900](tel:5109815900).

11 Schedule for a COVID-19 testing appointment! Review www.cityofberkeley.info/COVID19 to learn about resources and find ways to get tested.

12 Prepare your pet for emergencies too! Get your pet microchipped at a local animal services location.

13 Build a disaster kit for your pet! Store pet food, water, bedding, and a harness with a leash (if needed) in your pet's disaster kit.

14 Take a walk around your neighborhood! Know two different routes from your home to the closest highway for evacuations.

15 Attend a Berkeley Ready emergency preparedness virtual presentation! Join by visiting www.bit.ly/BerkeleyReady at 10:30AM!

16 Get to know your neighbors! Join a neighborhood group, or exchange contact with 2 neighbors to improve group preparedness.

17 Work with your neighborhood group leaders! Apply for a Disaster Cache with the City of Berkeley or resupply one if your group already has one.

18 Let's buy some kit supplies at a local grocery store! Post your haul on Twitter using the hashtag [#BerkeleyReady](https://twitter.com/BerkeleyReady) and win a prize.

19 Let's stay hydrated! Buy 1 gallon of water per person in your household to store as a 1-day supply for an emergency.

20 Build a family communication plan during dinner! Talk about different types of disaster kits and supplies, and their locations at home.

21 Improve your communication plan with family! Talk about an out-of-house and out-of-town meeting spots during emergencies.

22 Establish a designated out-of-area contact! This is who your family can call during emergencies where you cannot reach each other.

23 Now that you discussed your family communication plan, **write these into your emergency plans!**

24 Let's buy some kit supplies at a local hardware store! Post your haul on Twitter using the hashtag [#BerkeleyReady](https://twitter.com/BerkeleyReady) and win a prize.

25 Program PG&E Emergency Number into your phone [1-800-743-5000](tel:18007435000). Call about their Medical Baseline Program to see if you're eligible!

26 Practice an evacuation drill in your home or the office. Find at least 2 different ways to get to the exit during an emergency.

27 Sign up to receive the Berkeley Ready Newsletter!

Send an email to ready@cityofberkeley.info

28 Build your bedside emergency kit! Make sure to include flashlight, a pair of close-toed shoes, and a pair of glasses (if needed) under your bed.

29 Attend a Berkeley Ready emergency preparedness virtual presentation! Join by visiting www.bit.ly/BerkeleyReady at 10:30 AM!

30 Register for the Great Shakeout!

Go to www.shakeout.org to find out more!

